

## ***Spiritual Disciplines***

The following disciplines help train, correct, mold, and perfect character. The degree we practice these disciplines determines the depth and quality for the following spiritual life assessment.

1. Filled With The Holy Spirit: Moment-by-moment, I am learning to be filled with and empowered by the Holy Spirit; my life demonstrates this reality by the evidence of the fruit of the Holy Spirit in my life (Gal. 5:16, 22-25; 1 John 1:7). As such, I am walking in the Spirit and as such, not fulfilling the lusts of my flesh (Galatians 5:16, 22-25; 1 John 1:7).

Not at All      Occasionally      Sometimes but irregularly      Consistently      Continuously

2. Committed to The Great Commandment: I love God and because I love God, I understand that love for others is the hallmark of my life in Christ (John 13:34, 35; 15:9-13; 1 John 4:7-11). I display submission (Luke 22:42; John 4:34; 5:30), acceptance (John 8:11), compassion (Matthew 9:36; Mark 6:34) and forgiveness (Matthew 9:2; Luke 5:20). I fully know that I cannot bear the fruit of the Spirit and manifest the character of Christ without being spiritually joined to Christ (John 15:4, 5) and without having the seed of the Word planted in my heart (John 15:3, 1 Peter 1:22, 23).

Not at All      Occasionally      Sometimes but irregularly      Consistently      Continuously

3. Committed to The Great Commission: I am either being discipled or I am discipling others. Jesus' final instructions to the disciples before departing back to Heaven was to make disciples. I am reaching out and partnered with a few other Christian friends helping them grow and mature in every area of life.

Not at All      Occasionally      Sometimes but irregularly      Consistently      Continuously

4. Committed to Spiritual Disciplines: Spiritual disciplines include such practices as prayer, praise, worship, confession, fasting, meditation/quiet time and the study of God's Word. I know that the practice of Christian disciplines and virtues begins at home (Deuteronomy 6:6, 7). My family has devotions and we try to provide a Christian environment in the home (1 Timothy 3:3, 4; 5:8). I am actively, daily practicing these disciplines.

Not at All      Occasionally      Sometimes but irregularly      Consistently      Continuously

5. Committed to My Local Church & Church Authority: Because I realize that the church is God's Body - a group of people living out their relationship with Jesus - I am actively involved in my church in fellowship, encouragement, and worship in ministry and mission. I understand and am submitted to the leadership of my local church (1 Thessalonians 5:12-13; Hebrews 13:7, 17) in the spiritual grace of humility (Ephesians 5:21; 1 Peter 5:5, 6).

Not at All      Occasionally      Sometimes but irregularly      Consistently      Continuously

6. Committed to Personal Ministry: I agree with the Bible that tells me that every Christian is a priest - a person set apart to serve God and others (1 Peter 2:5). Every Christian offers spiritual sacrifices and worships with praise and prayers. I understand that as a Christian, I am a minister (the word "minister" simply means "servant"). I am actively involved in a ministry within the church and either developing a ministry or co-laboring in an existing ministry outside the church (Eph. 2:10).

Not at All      Occasionally      Sometimes but irregularly      Consistently      Continuously

7. Committed to Godly Stewardship: I understand that everything belongs to God and that I am simply a manager of His resources. I realize that I will be held accountable for how I use my time, talent and money. As a good steward I recognize that how I use money is directly related to my life in Christ. My life is not opulent. I am faithful in giving, providing for the financial needs of my local church through tithes and offerings (1 Cor. 4:2; Luke 16:10,11; Phil. 4:11,13; 2 Cor. 9:12-14).

Not at All      Occasionally      Sometimes but irregularly      Consistently      Continuously

8. A Quiet Life: I purpose to lead a quiet life. I am generally calm and peaceable. My ambition is not for fame, glory, riches, and honor but learning to be calm and quiet in my mind, in patience to possess my own soul, and to be quiet toward others. My life is characterized by meekness and mildness, gentleness and a peaceable disposition, not given to worldly busyness, strife, contention, or division (1 Thess. 4:11; 1 Tim. 2:2; 2 Thess. 3:12,13).

Not at All      Occasionally      Sometimes but irregularly      Consistently      Continuously